

by **Marlena Ballinger**

National Hereford Women (NHW) has been busy planning several events for 2023. Some of those events include The Gathering, Catch-A-Vibe and Cinco De Mayo, a fundraiser that was recently held during the Dixieland Delight Red, White & Black Production Sale in Ft. Payne, Ala.

### Gather and vibe

On Sept. 21-24, 2023, The Gathering will be held for the second year at Hi Point Ranch, owned by GKB Cattle, in Desdemona, Texas. This NHW event is designed to develop leadership, life and business skills. If you strive to enhance your kitchen, mental health or advocacy skills and want to connect with other women, tour GKB Cattle facilities and enjoy amazing food and hospitality, then this event is for you. The feature speaker lineup includes Amanda Radke, Calli Thorne, Chef Robert



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[HerefordWomen.com](http://HerefordWomen.com)

## Hawaiian Sliders

*Sweet sliders with juicy Certified Hereford Beef® ground beef will knock it out of the park at your next gathering.*

### Ingredients

- 1 pound Certified Hereford Beef® ground beef
- 1 tablespoon Worcestershire sauce
- 4 canned pineapple slices, drained
- 12 Hawaiian sweet or small whole wheat dinner rolls, split
- 1/4 cup barbecue sauce
- 1/4 cup pineapple preserves
- 1 tablespoon packed brown sugar

### Instructions

1. Tear four rolls into pieces. Place in food processor or blender container. Cover, pulse on and off to form fine breadcrumbs.
2. Combine breadcrumbs, beef, barbecue sauce, pineapple preserves and brown sugar in medium bowl, mixing lightly but thoroughly. Lightly shape into eight 1/2-inch-thick mini patties.
3. Place patties on grill over medium, ash-covered coals. Grill, covered, 8 to 9 minutes (over medium heat on preheated gas grill, 9 to 10 minutes) until instant-read thermometer inserted horizontally into center registers 160°F, turning occasionally. Grill pineapple slices the last 3 minutes of grilling. Top patties with pineapple slices.
4. Place burgers on bottoms of remaining eight rolls. Close sandwiches and enjoy!

Recipe from [CertifiedHerefordBeef.com](http://CertifiedHerefordBeef.com). **NHW**

C. Hale and Diane Johnson. All are important leaders and influencers in the agricultural industry who will leave you inspired and poised to take on the weight of the world with new ideas, skills, confidence and connections.

On top of the wonderful feature speakers, The Gathering will include a Certified Hereford Beef® cooking demonstration, personal wellness coaching and a tour of GKB Cattle. There also will be plenty of time to network with like-minded women from all over the country. This event not only inspires women in the agricultural industry, but it also provides professional coaching and rejuvenation for those who want to excel in their lives and careers. For

more information and to register for the event, go to [HerefordWomen.com](http://HerefordWomen.com) or reach out to one of the NHW board members.

The annual Catch-A-Vibe event is slated to be held during the VitaFerm® Junior National Hereford Expo this year in Madison, Wis. NHW is working hard to put together another exciting and inspiring event that will empower and strengthen all women. This will be held in conjunction with the traditional Queen's Tea. **NHW**

To join and to learn more about the NHW, visit [HerefordWomen.com](http://HerefordWomen.com) or email [nationalherefordwomen@gmail.com](mailto:nationalherefordwomen@gmail.com).