

Hereford Women | The Gathering

by Sally Wingler



ag influencer from Nebraska, followed by breakfast. Later that morning, Jena spoke to us about “Diversifying Your Operation.” Kylie, Terryn and Jena are all a driving force in the agricultural industry. We were so blessed that they could attend and participate in The Gathering.

We all raise beef cattle, but do

What an event! The National Hereford Women (NHW) thanks Gary and Kathy Buchholz of GKB Cattle in Desdemona, Texas, for hosting The Gathering, Sept. 23-25. We also extend our appreciation to our sponsors — Case IH, The Brand Company, Cargill, Corteva Agriscience, Go

Texan, Missouri Soybean and Beef Loving Texans.

When we conceptualized The Gathering, we aspired for it to be a real women’s retreat. The NHW wanted everyone in attendance to be lifted spiritually and be able to tell their story. The weekend was filled with wonderful speakers who empowered Hereford women. Attendees came from across the United States; some didn’t even have a background in the breed but wanted to be a part of this event.

we really know how to cook it as well as a chef? Chef Robert Hale, manager of culinary and foodservice for the Texas Beef Council (TBC), and Russell Woodard, TBC senior manager of channel marketing, certainly do. Chef Robert taught us how to prepare a steak. Guess what the key ingredient was — butter. Next, we divided into groups and prepared a delicious salad using beef as the key ingredient.

John Lopez with Cargill rounded out The Gathering’s presentations with a talk on sustainability. The afternoon concluded with wine tasting, a charcuterie board and a tour of GKB Cattle. That evening, Gary and Kathy, along with GKB employees, treated attendees with a wonderful Certified Hereford Beef® dinner followed by dessert.

A Sunday morning devotion led by John Lopez wrapped up The Gathering.

The NHW invites you to The Gathering, Sept. 22-24, 2023, at Hi Point Ranch in Desdemona, Texas. We look forward to seeing you there! **HW**

Uplifting program

The event kicked off on Friday morning with Kylie Epperson, farm wife podcaster and speaker from Missouri. Kylie powerfully stated that all women should step outside “Your Should.” She also spoke on “Standing Up for Your Sister.” Terryn Dreiling, beef blogger and Enneagram coach from Nebraska, presented “Drawing Good Movement with the Enneagram.” If you have never completed an Enneagram, it really makes you step back and look at yourself. Friday was completed with a Mexican fiesta, fun and fellowship for all.

Saturday morning started with a wonderful yoga session led by Jena Ochsner, cattle producer and

To join and to learn more about the NHW, visit HerefordWomen.com or email nationalherefordwomen@gmail.com.



OFFICERS AND COMMITTEE CHAIRS

President: Shannon Worrell, *Mason, Texas*

Vice president: Betsy Pitstick, *South Solon, Ohio*

President-elect: Briley Miller, *Newcastle, Wyo.*

Secretary: Sally Wingler, *Christiana, Tenn.*

Treasurer: Nikki Rogers, *Eatonville, Wash.*

P.O. Box 1122, Milton, WA 98354

Ex Officio: Dana Pieper, *Zurich, Kan.*

DIRECTORS

Marlena Ballinger, *Bluffton, Ohio*

Bethany Mansfield, *Liberty, Tenn.*

Melinda Watson, *Flemingsburg, Ky.*

Bridget Beran, *Clafin, Kan.*

Kathy Bryan, *Garrison, Texas*

Cameron Kolinski, *Patrick Springs, Va.*

Abbygail Pitstick, *South Solon, Ohio.*

HerefordWomen.com