



A Local's Guide to Kansas City

Explore "Paris of the Plains" this summer during the JNHE.

by Brooklyn Adam

For those traveling to the great "Show Me State" this summer, Kansas City, Missourians welcome you. There are a few things you should know before packing your starched jeans, shined boots and hairy show heifer.

My family considers the week-long trip to the Junior National Hereford Expo (JNHE) a family vacation. We cram like sardines into a hotel room and spend quality time together doing what we love — showing Hereford cattle. Last year, we showed close to home, but also far enough away to enjoy a "vacation." When away from our tiny hometown of Lathrop, Mo., population 2,000, we like to experience everything Kansas City has to offer.

Non-agriculture folks know Kansas City as the "City of Fountains." Agriculturalists enjoy the city's delicious food joints and the world-class barbecue. As a local, I've taken note of the

delicious food and opportunities to enjoy the "Barbecue Capital of the World." I hope this guide helps settle the debate on what's for dinner and eases your stress navigating Kansas City.

Dine Kansas-City style

Below are a few famous restaurants and exciting summer activities your whole family can enjoy. If you are



in the market for the city's best mouthwatering barbecue, you are highly encouraged to visit these restaurants and stuff your face until the cows come home.

Joe's Kansas City Bar-B-Que

Joe's Kansas City Bar-B-Que has three locations in the area (Leawood, Olathe and Kansas City) and has more than 10,000 positive reviews on Google. *Kansas City Magazine* ranks it among the top-10 barbecue spots in the city. Owners Jeff and Joy Stehney turned a gas station on the corner of 47th Avenue and Mission Road in Kansas City, Kan., into a famous barbecue joint. If you love a good smoke flavor that melts in your mouth, this is a must visit! Learn more at Joeskc.com.

Pierpont's at Union Station

Union Station is known as Kansas City's hub of culture. Not only is the 100-year-old train station rich in history and character, it is also home to a culinary jewel. Pierpont's is one of two Kansas City restaurant locations serving locally-sourced Certified

Hereford Beef® (CHB). Indulge in a 5- or 7-ounce filet mignon, then pop over to Union Station's Science City for a few hours of fun before heading back to the barns. Explore the menu at Pierpoints.com and plan your visit at Unionstation.org.

Arthur Bryant's

Craving burnt ends so good they make you proud to raise beef? Arthur Bryant's is the spot for you and your family! U.S. presidents have eaten here, and locals rave about the restaurant's heritage. Not



Worlds of Fun



Kauffman Stadium



Country Club Plaza



The Nelson-Atkins Museum of Art



Historic City Market



National WWI Museum and Memorial



Kansas City Zoo

only does it have delicious barbecue, but there is a secret recipe of sauces available for purchase to add flavor, spice and everything nice to your own barbecue.

Don't stop with just those three options, though. I highly encourage you to add these popular eats to the list of contenders: Gates Bar-B-Q, Jack Stack Barbeque, Q39 and Slap's BBQ.

and spend time with my show friends. If you're looking to get out of the barn for an afternoon, Kansas City has attractions that entertain for hours. We can all admit that after several days of being in the barns, a step away

The fun continues

Aside from food, Kansas City offers many fun activities. As a child, I remember wanting to get away from chores and the smelly barn for a few hours to refresh

from the dust is literally a breath of fresh air. Be sure to check out the fun attractions pictured here.

Other great options include Great Wolf Lodge, Zip KC, iFly indoor skydiving, CoCo Key Water Resort or even the famous and kid-friendly Crown Center shopping and entertainment district. Please

keep in mind COVID-19 restrictions may impact these local experiences. It is important to stay safe at all times and protect yourself and those around you.

The National Junior Hereford Association crew can't wait to see you all in July, and we wish you safe travels. From a local, we welcome you! **HW**