

Make Each Moment Count

While I ponder 2008, I wonder what will be accomplished? What will make me think in December, "This was a successful year." Will it be the hustle and bustle of living a fast-paced, self-centered life? I'll be traveling hundreds of miles to attend a number of shows and National Junior Hereford Association (NJHA) events, but will that be my measure of success?

What about the trophies and ribbons I can add to my display? While those are good, my success is not going to be effectively measured that way. If you have ever heard of the legendary UCLA Coach John Wooden, you'll learn success is defined as "the satisfaction and peace of mind that comes from knowing you did your best in your endeavors." That's good, but that's still not satisfactory.

As I reflect on the 2007 Junior National Hereford Expo (JNHE), it is remarkable to witness the programs that grow in participation every year. One of the memories that touched my heart that week was walking through

the barns and noticing one of the many new juniors. As I came closer to him, I realized he didn't know how to turn on his blower. Before I reached him to help, a woman gently showed the young boy how to turn on the blower and the proper way to blow his dripping wet heifer. This small act of compassion and kindness spoke a thousand words not only to me but to the eager boy who now knows how to blow a calf dry. Should we wait for the perfect setting to be thoughtful and attentive to opportunities that touch lives?

From that experience, I know how I can choose to make my year successful. Sure, it is about setting goals. We're told to make our goals SMART: specific, measurable, achievable, related to our purpose and time sensitive; but I am thinking about a goal that focuses on making a positive difference in the lives of others. I am thinking about working on this goal daily by listening to someone more intently, by coaching

another to a higher level and by saying thank you more often.

This brings me to recognize our NJHA advisors, state advisors, family and countless other individuals who are continual leaders and role models for juniors. Thank you for giving yourselves so that the traditions and the future of the Hereford breed may succeed! The new year holds so many opportunities and new activities. With the JNHE in Kansas City, Mo., July 12-19, I can't wait to watch the participation increase in the contest areas and to see new faces.

The life we lead is a future we create, and it just so happens to impact the future of many others. The story of the young boy at the JNHE illustrates how simple it can be. At least once a week, try to answer one of these questions: "What have I done this week to improve so that I am more effective than I was last week?" and "What have I done this week that demonstrates love and kindness?"

— **Katlin Mulvaney**, NJHA director

National Junior Hereford Association

President – Jason Ewing
tjext5@mizzou.edu

Vice president – Roger Morgan
morgan_roger@hotmail.com

Secretary – Jessica Slone
jwslon2@uky.edu

Treasurer – Nicole Starr, starnnic@msu.edu

Reporter – Roxane Gebhart,
roxane.gebhart@okstate.edu

Directors

Kimber Evans, ski_bunny_05@hotmail.com

Kara Eschbach, kara.eschbach@okstate.edu

Katlyn Howes, howesk@etown.edu

Sarah Stream, sstream@iastate.edu

Kandi Knippa, kandilyn@neo.tamu.edu

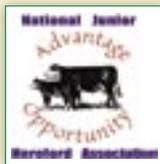
Katlin Mulvaney, mulvaki@auburn.edu

Hannah Wine, wranglerchick128@aol.com

Director of youth activities

Chris Stephens

P.O. Box 014059, Kansas City, MO 64101
(816) 842-3757, cstevens@hereford.org



NWSS: The Daddy of Them All

The 102nd National Western Stock Show (NWSS) had its annual cattle drive through the streets of downtown Denver Tuesday, Jan. 15. People lined the streets to see cowboys on horseback running longhorn steers past the city's skyscrapers.

Rocky Mountain high

Denver was a bit different from this past summer's Junior National Hereford Expo. The average temperature during the junior show in Denver was 10 degrees, but the competition certainly heated up the NWSS complex.

Rylee Barber, Channing, Texas, walked away with champion polled Hereford heifer with DM

BR Terri 646 ET. Kagney Collins, Flanagan, Ill., took champion horned Hereford heifer with Purple CMCC Paris 19S ET. Kasey Herman, Skiatook, Okla., exhibited the reserve champion polled heifer with STAR KKH SSF Valedictorian ET, and Taylor Shrick, Sayre, Okla., showed the reserve champion horned heifer, C MS Moler 6214 ET.

Reserve rooms for next year

The shows, the sales, the rodeos and special events, the shopping and food, not to mention the camaraderie and competition, are all reasons to start saving your spare change now for next year's NWSS. It truly is the super bowl of livestock shows.

— **Hannah Wine**, NJHA director